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*Presenting The Living Light philosophy and
features of interest to spiritually-minded people.*

Serenity

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ARTICLES OF INTEREST

Questions & Answers/Richard P. Goodwin	2
Class 125/The Living Light Philosophy	8
Class 74/The Living Light Philosophy	13

REGULAR FEATURES

Gems of Light.	18
Spiritual Healing.	19
Visitor's Views.	20
Invocation	21
Serenity Students.	22
Children's Philosophy	23
Poet's Pen	26
In Our Thoughts.	27
Serenity Events.	43

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QUESTIONS AND ANSWERS

by Richard P. Goodwin

LADIES AND GENTLEMEN...AS OUR CHAIRMAN HAS JUST STATED, WHATEVER QUESTIONS YOU MAY HAVE OF A GENERAL INTEREST YOU MAY FEEL FREE AT THIS TIME TO RAISE YOUR HANDS AND I WILL BE HAPPY TO SERVE AS THE MEDIUM FOR THESE QUESTIONS AND WE WILL ANSWER AS MANY AS TIME WILL PERMIT. SO IF YOU'LL BE SO KIND AS TO RAISE YOUR HANDS, I WILL COME TO YOU.

QUESTION: I'D LIKE TO ASK IF YOU ARE BORN WITH GUIDES; AND HOW YOU ATTRACT GUIDES. AND WHAT ABOUT THE FORTY-NINE GUIDES THAT SOME GREAT TEACHERS HAVE?

ANSWER: YES, THANK YOU. IN REFERENCE TO YOUR QUESTION, WHEN A PERSON ENTERS THIS EARTH REALM, DO THEY COME WITH SPIRITUAL GUIDES AND TEACHERS? AND HOW DOES THIS TEACHING OF THE LIVING LIGHT PHILOSOPHY OF THIS CHURCH RELATE TO THE TEACHINGS OF FORTY-NINE GUIDES OF SOME PHILOSOPHIES? WELL, IN REFERENCE TO YOUR FIRST QUESTION, MAN, THE ETERNAL SOUL, IS NEVER ALONE. WE HAVE ENTERED THIS EARTH PLANET IN KEEPING WITH THE LAWS THAT WE ALONE HAVE ESTABLISHED IN EVOLUTION. UNFORTUNATELY, WE ARE NOT AWARE OF THIS EVOLUTIONARY PROCESS AND THE REASON THAT MOST OF US ARE NOT AWARE OF IT IS BECAUSE OF OVER-IDENTIFICATION WITH THE EARTH REALM. WHATEVER MAN DIRECTS HIS ATTENTION TO, HIS ENERGY FOLLOWS. AND, THEREFORE, WE BECOME BOUND AND BLINDED TO THE UNIVERSE AS A WHOLE.

QUESTIONS & ANSWERS

WE SEE A VERY SMALL PORTION THEREOF. AS OUR SOUL IN ITS EVOLUTION ENTERED THIS, THE FIFTH PLANET IN THIS PARTICULAR SOLAR SYSTEM, HERE GRANTED THE WONDERFUL OPPORTUNITY TO AWAKEN TO THE SOUL FACULTY OF FAITH, HE ENTERED, NOT ALONE, FOR MAN IS NEVER ALONE. THEREFORE, GUIDES AND TEACHERS ENTERED THIS REALM WITH US IN DIFFERENT DIMENSIONS. GUIDES AND TEACHERS, HELPERS, WHATEVER WE WISH TO CALL THEM, OR MINISTERING ANGELS, ARE ATTRACTED TO US IN KEEPING WITH THE LAW THAT LIKE ATTRACTS LIKE AND BECOMES THE LAW OF ATTACHMENT. NOW AS WE IN OUR INTEREST IN LIFE, MAKE VARIED CHANGES, THE GUIDES AND THE TEACHERS THAT HAVE BEEN ATTRACTED TO US MAKE SIMILAR CHANGES OR THEY GO. THAT IS EVER IN KEEPING WITH DEMONSTRABLE LAW.

IN REFERENCE TO THE TEACHINGS OF FORTY-NINE GUIDES, THAT IS BASED UPON THE ANCIENT TEACHINGS OF SEVEN PLANES OF CONSCIOUSNESS, BASED UPON THE ANCIENT BABYLONIAN THEORY OF ASTROLOGY WHICH KNEW OF THE SEVEN PLANET SYSTEM. THAT IS NOT THE TEACHINGS OF THIS CHURCH. WE, OUR TEACHINGS, ARE OF EVOLUTIONARY INCARNATION OF THE NINE PLANES OF CONSCIOUSNESS, AND OF THE NINE BODIES IN WHICH WE ARE TRULY EXPRESSING.

SO OFTEN IN OUR OVER-IDENTIFICATION WITH THIS PHYSICAL MATERIAL WORLD WE LOSE OUR AWARENESS OF THE SPIRITUAL, THE MENTAL, THE ASTRAL, AND THE COSMIC WORLDS OF WHICH WE ARE AN INDISPENSABLE PART. MAN LOSES CONSCIOUS AWARENESS AND HE CALLS THAT "SLEEP." BUT IN THAT SLEEP MAN DOES NOT LOSE CONSCIOUSNESS. IF MAN WOULD MAKE THE EFFORT TO BROADEN HIS HORIZONS BY EXPANDING THE POSSIBILITY OF HIS IDENTIFICATION, THEN MAN WOULD BE CONSCIOUSLY AWARE WHILE HE SLEEPS. BECAUSE THE ONLY REASON MAN IS NOT CONSCIOUSLY AWARE WHILE HE SLEEPS IS SIMPLY BECAUSE HE IS IDENTIFIED WITH A PHYSICAL WORLD IN WHICH HE LIVES, AND WHEN HE LOSES

(continued page 4)

QUESTIONS & ANSWERS

continued from page 3

THAT IDENTIFICATION, THEN HE IS BLINDED AND KNOWS THAT AS "SLEEP."

REJUVENATION OF OUR BODY IS NOT DEPENDENT, AND NEVER WAS DEPENDENT UPON SLEEP. IT IS TOTALLY, WHOLLY, AND COMPLETELY DEPENDENT UPON A STATE OF CONSCIOUSNESS THAT WE REACH DURING WHAT WE CALL SLEEP. THERE WE ARE REJUVENATED. IT DOESN'T TAKE AN HOUR, SIX, SEVEN, TEN, OR TWELVE. IT'S ONLY A MATTER OF MINUTES. SO WHEN MAN REACHES THAT STATE OF CONSCIOUSNESS COMMONLY KNOWN IN PHILOSOPHIES OF THE WORLD AS THE PEACE THAT PASSETH ALL UNDERSTANDING, THEN MAN WILL BE TOTALLY REJUVENATED AND HE WILL NOT HAVE TO CONCERN HIMSELF ABOUT SLEEP, ABOUT SO-CALLED REST, AND ALL THESE OTHER THINGS. I DO HOPE THAT'S HELPED WITH YOUR QUESTION. THANK YOU.

QUESTION: I WAS WONDERING IF YOU WOULD GIVE YOUR UNDERSTANDING OF HABIT, THE SEEMING GOOD AND BAD HABITS.

ANSWER: WELL, OF COURSE I'M SURE THAT WE WILL ALL AGREE, NOTHING IS EITHER GOOD OR BAD IN ETERNITY, BUT THINKING MAKES IT SO. AND AS WE CHANGE OUR THINKING, SO WE CHANGE OUR VIEW OF WHAT IS GOOD AND WHAT IS BAD. AND SO OUR GOODNESS OF TODAY IS NOT NECESSARILY THE GOODNESS OF WHAT WAS YESTERDAY. AND OUR GOODNESS OF TOMORROW WILL NOT NECESSARILY BE THE GOODNESS OF WHICH WE JUDGE GOOD TO BE TODAY. THEREFORE, GOODNESS AND ITS SO-CALLED OPPOSITE, THE UNDEVELOPED GOOD OR WHAT WE REFER TO AS BAD, IS TOTALLY DEPENDENT UPON OUR OWN ACCEPTANCE AND REJECTION. NOW OUR ACCEPTANCES AND REJECTION WE ALL UNDERSTAND ARE DEPENDENT UPON OUR OWN JUDGMENTS, WHICH IN TURN ARE DEPENDENT UPON, UNFORTUNATELY, OUR EDUCATED CONSCIENCE. NOW THERE IS A VAST DIFFERENCE BETWEEN OUR EDUCATED CONSCIENCE AND OUR SPIRITUAL CONSCIENCE. AND THAT DIFFERENCE IS, OF COURSE, ONE IS THE MENTAL WORLD, WHICH VIEWS

QUESTIONS & ANSWERS

LIFE IN A VERY LIMITED, RESTRICTED WAY; THE OTHER IS A SPIRITUAL REALM, WHICH VIEWS THE ALL OF ALL.

IN REFERENCE TO WHAT WE CALL HABIT, THEY ARE NOTHING MORE AND NOTHING LESS THAN PATTERNS OF MIND ESTABLISHED, MAINTAINED AND SUSTAINED BY DIRECTED ENERGY THROUGH THE FUNCTION OF ATTENTION. THE MORE ATTENTION WE PLACE UPON ANYTHING, THE MORE ENERGY WE DIRECT TO IT. UNFORTUNATELY WHAT HAPPENS, WHEN WE MAKE CHOICES IN LIFE, AND THOSE CHOICES ARE NOT UNDER THE SOUL FACULTY OF REASON, WHICH WILL IN TRUTH TRANFIGURE US, WE MAKE WHAT WE THINK ARE CHOICES, WE MAKE WHAT WE THINK ARE DECISIONS, BUT THEY TURN OUT TO BE JUDGMENTS. NOW JUDGMENT HAS LIMIT. IT HAS RIGHT AND WRONG, IT HAS THE FUNCTION OF CREATION, IT HAS DUALITY. IT CONSIDERS A VERY LIMITED WAY. WHEN WE MAKE WHAT WE THINK ARE DECISIONS AND THEY TURN OUT TO BE JUDGMENTS -- WE KNOW THE DIFFERENCE BETWEEN A DECISION AND A JUDGMENT BECAUSE ONE ENDS UP, IN THE FINAL ANALYSIS, AS FREEDOM -- THAT'S CALLED DECISION; THE OTHER ENDS UP, IN THE FINAL ANALYSIS, AS JUDGMENT AND THAT'S CALLED BONDAGE.

SO WE ESTABLISH BY WHAT WE THINK IS CHOICE, A CERTAIN WAY OF DOING THINGS. FOR EXAMPLE, LET US SAY WITH SOMETHING WE'RE ALL FAMILIAR WITH: WE ESTABLISH A CERTAIN PATTERN OF EATING. SOME OF US, MOST OF US, WE EAT VERY FAST. WE EAT FAST AND WE JUSTIFY THAT THAT FAST EATING IS NECESSARY BECAUSE WE HAVE SO MANY THINGS TO DO IN LIFE. WELL, WHAT THAT OF COURSE IS DEPENDENT UPON, THE LACK OF CONTROL OF THE DESIRES BOMBARDING OUR OWN MIND. AND THAT IS KNOWN TO US AS TIME PRESSURE. SO WE MAKE WHAT WE THINK IS A DECISION IN ORDER TO DO THIS, IN ORDER TO DO THAT, IN ORDER TO DO ALL THESE THINGS THAT WE DESIRE WE MUST EAT FAST; WE MUST SPEND LESS TIME IN DINING AND MORE TIME IN FULFILLING THE MULTITUDE OF DESIRES THAT BOMBARD OUR
(continued page 6)

QUESTIONS & ANSWERS

continued from page 5

CONSCIOUSNESS. THEN SOONER OR LATER IN LIFE WE FIND OUT THAT THAT SO-CALLED DECISION WE MADE EARLY IN LIFE IS NOT SERVING US VERY WELL. WE ENTER, ABOUT THAT TIME, THE HINDSIGHT YEARS OF THE FORTIES. AND IT'S COMMONLY REFERRED TO IN OUR WORLD AS "THE BATTLE OF THE BULGE." AND SO THERE'S A BULGE HERE AND THERE'S A BULGE THERE AND THERE'S A BULGE SOMEPLACE ELSE AND WE DO NOT DESIRE ALL THOSE BULGES. AND SO WE MAKE OTHER DECISIONS AND WE MAKE GREAT EFFORT TO WIN THE BATTLE OF THE BULGE, AND THEN WE FIND OUT, WHEN WE BEGIN TO MAKE THAT EFFORT, WHO IS REALLY IN CONTROL. AND THAT RUDE AWAKENING CAUSES US GREAT EMOTIONAL TRAUMA KNOWN TO MAN AS FRUSTRATION. AND SO WE GO THROUGH LIFE AND WE TRY THIS AND WE TRY THAT. IT WORKS FOR A TIME BUT IT ONLY WORKS FOR A TIME. WHY DOES IT ONLY WORK FOR A TIME? BECAUSE THE ATTENTION, THE ENERGY THAT WE HAVE DIRECTED TO WHAT WE THOUGHT WAS A DECISION IN OUR LIFE AND TURNED OUT TO BE A JUDGMENT, HAS MADE US THE VICTIM. IT BECAME THE CAPTAIN OF OUR LITTLE SHIP AND WE BECAME THE SLAVE. AND SO MAN SAYS, "THAT HABIT HAS GOT ME." THAT'S THE HABIT SPEAKING. THAT'S HOW HABIT DEFENDS AND PROTECTS ITSELF.

YOU SEE, THOUGHTS ARE MORE THAN THINGS. THEY ARE LIVING FORMS, CREATED BY A LIVING SUBSTANCE KNOWN AS MIND OR MENTAL SUBSTANCE. AND SO WHEN WE THINK A THOUGHT, WHAT WE ARE DOING IN TRUTH IS HARBORING A FORM. SO THE MORE WE THINK THE THOUGHT, THE STRONGER BECOMES THE FORM. AND SOMEDAY, BECAUSE WE DIRECT MORE ENERGY THROUGH ATTENTION TO THE THOUGHT, WE BECOME THE VICTIM OF THE THOUGHT. AND THIS IS WHAT WE EXPERIENCE IN OUR WORLD TODAY. IT DOESN'T HAVE TO BE THAT WAY. IT WASN'T DESIGNED TO BE THAT WAY. BUT WE HAVE FORGOTTEN THE DEMONSTRABLE LAW THAT ALL OF NATURE TEACHES US: USE, NOT ABUSE, IS THE PATH TO FREEDOM. ALL THINGS IN CREATION ARE DESIGNED TO BE USED. NO THING IN CREATION IS

QUESTIONS & ANSWERS

DESIGNED TO BE ABUSED. AND THAT, OF COURSE, INCLUDES OUR OWN MIND. THANK YOU.

QUESTION: YOU STATED IN THIS PHILOSOPHY THAT THE PRINCIPLE OF MATHEMATICS IS THAT OF PERFECT BALANCE. DO CERTAIN SOUL FACULTIES CORRESPOND TO CERTAIN NUMBERS?

ANSWER: YES, INDEED THEY DO, FOR MATHEMATICS IS THE KEY TO THE UNIVERSE, AND THE SOUL FACULTIES OF MAN ARE A PART OF THAT SAME UNIVERSE. YOU SEE, ALL SOUND IS VIBRATION -- THAT WE ACCEPT. WHAT MOST OF US HAVE NOT YET ACCEPTED IS THAT ALL SOUND, BEING VIBRATION, IS COLOR. THAT ALL COLOR IS SOUND, AND THAT BOTH ARE NUMBER, FOR NUMBER IS VIBRATION. AND SO WHAT WE WILL IN TIME, OF COURSE, ALL OF US, CONSIDER WITH DEEP THOUGHT, IS WHEN WE SPEAK OUR WORD FORTH INTO THE UNIVERSE WE ESTABLISH A LAW, FOR MAN IS A LAW UNTO HIMSELF. SO IT BEHOOVES US TO CONSIDER THE THOUGHT THAT PROMPTS THE WORD AND WHAT IS DONE BY US WITH THE WORLD FOR IT IS THE WORD THAT IS THE LAW THAT WILL RETURN UNTO US. WE NEED NOT QUESTION ANYTHING OUTSIDE FOR TO SO DO IS TO BIND ONESELF TO THE ILLUSION AND DELUSION THAT THEY CAN BE CONTROLLED BY EXTERNAL FORCES IN THE UNIVERSE. IT IS NOT POSSIBLE TO BE CONTROLLED BY ANYTHING THAT WE DO NOT FIRST PERMIT TO BE CONTROLLED BY IN OUR OWN CONSCIOUSNESS.

AND SO IT IS WITHIN OURSELF WHERE THE POWER TRULY LIES. THERE IS WHERE THE KEY TO THE UNIVERSE, THE KEY TO FREEDOM EXISTS, THE KEY TO TRUTH. IT DOES NOT EXIST IN THE ILLUSION THAT YOU CALL OUTSIDE FOR CREATION AND ALL THINGS THAT WE SENSE, THAT WE SMELL, THAT WE HEAR, THAT WE VIEW, THEY ARE AN ILLUSION THAT IS CREATED BY OUR MIND. THEY DO NOT EXIST OUTSIDE OF THE ILLUSION OF MENTAL SUBSTANCE WHICH IS TOTALLY DEPENDENT UPON ENERGY THAT FLOWS THROUGH US AND IS DIRECTED BY US. THEREFORE, WHATEVER IT IS THAT WE THINK WE DESIRE IN LIFE, WE MUST FIRST ACCEPT THAT WE HAVE IT IN ORDER
(continued page 28)

CLASS 125

GREETINGS, STUDENTS. IN MY MANY, MANY YEARS IN THE REALMS OF SELF-PRESERVATION, AND THROUGH THE MULTITUDE OF EXPERIENCES THAT I WAS HAVING, THERE AROSE WITHIN MY MIND A STRONG AND INTENSE DESIRE TO BE FREE FROM THE MANY FORMS THAT WERE AROUND AND ABOUT ME, THAT WERE CLUTCHING AND CRYING FOR THEIR NEEDS AND ATTENTION. AS THIS DESIRE, EVERY STRENGTHENING, ROSE EVEN HIGHER IN MY CONSCIOUSNESS, I BEGAN TO EXPERIENCE A SEEMINGLY STRANGE YET DISTANT ATTITUDE OF MIND. I LATER LEARNED THAT THIS EXPERIENCE WAS THE EFFECT OF MY GRADUAL BUT SURE IGNORING OF THAT WHICH WAS AROUND AND ABOUT ME. AND THAT IGNORING OF THE FORMS AROUND ME WAS THE EFFECT OF THIS INTENSE DESIRE THAT I HAD SLOWLY BUT SURELY PLACED MY THOUGHT UPON. IN THOSE REALMS OF SELF-PRESERVATION, INDEED I HAD GAINED MUCH, FOR I HAD GAINED WHAT THOSE REALMS IN TRUTH HAVE TO OFFER ALL SOULS -- FOR ALL SOULS MUST EVOLVE THROUGH THAT LEVEL OF CONSCIOUSNESS. AND THOSE REALMS GRANTED UNTO ME THE LAW THAT FREED ME -- TO BE IN CREATION AND NOT A PART OF CREATION -- TO EVER BE WITH A THING AND NOT A PART OF THE THING. IT ALSO GRANTED TO ME THE POWER AND DEMONSTRABLE TRUTH OF THE LAW OF CONCENTRATION. ALTHOUGH, IN MY EXPERIENCES IN THOSE REALMS, MY MIND CRIED AND QUESTIONED, AND IN SO DOING, GRANTED A FURTHER ATTACHMENT TO THE EXPERIENCE, IT SURELY IN THE FINAL ANALYSIS FREED ME FROM THEM.

AND SO IN THOSE REALMS, I ALSO LEARNED THAT FREEDOM INDEED WAS THE DIRECT EFFECT OF SELF-CONTROL. AS THIS CONTROL OF MY MIND CAME INTO A FULLNESS AND COMPLETION, I FOUND MYSELF LEAVING THOSE REALMS. ON THROUGH THE MANY LEVELS OF DARKNESS I SEEMED TO RISE HIGHER, AND HIGHER, AS IF FLOATING IN SPACE ITSELF. AND ONE DAY I FOUND MYSELF SITTING QUIETLY AND

PEACEFULLY ON A LITTLE MOUNTAIN TOP. AND THERE, QUIET, PEACEFUL, AND FILLED WITH AN INNER JOY, A NEW HORIZON HAD OPENED FOR ME. AND MY ANGEL SPOKE AND SAID, "YOU HAVE NOW QUALIFIED YOURSELF TO SERVE, AND ALL THAT YOU HAVE EXPERIENCED HAS BEEN NECESSARY FOR YOU THAT YOU MAY SERVE THE LIGHT FULLY, WHOLLY, AND COMPLETELY, THAT AS AN INSTRUMENT THROUGH WHICH THE DIVINE ENERGY FLOWS, THE OBSTRUCTIONS HAVE BEEN REMOVED, FOR THE OBSTRUCTION IS ONLY THE ATTACHMENT TO FORMS. AND NOW THAT THOSE ATTACHMENTS HAVE BEEN REMOVED FROM YOU BY YOUR OWN EFFORTS, YOU ARE NOW FREE TO SERVE -- AND SERVE YOU SHALL."

YOU MAY ASK YOUR QUESTIONS AT THIS TIME.

QUESTION: WHEN A MEDIUM IS IN TRANCE, WHAT EFFECT DOES MOVEMENT OF THE SITTERS HAVE ON THE PHYSICAL CONDITION OF THE MEDIUM?

ANSWER: THE QUESTION, IMPORTANT TO ALL SERIOUSLY MINDED STUDENTS, MUST BE ANSWERED IN CONSIDERATION OF MORE THAN ONE VEHICLE OF EXPRESSION. WE ALL KNOW THAT NO PART OF THE BODY, THE PHYSICAL BODY, CAN MOVE WITHOUT DIRECTED ENERGY THROUGH THE MENTAL BODY. NOW, ENERGY FLOWING THROUGH THE MENTAL BODY CREATES WHAT IS KNOWN IN YOUR WORLD AS THOUGHT FORMS FOR IT IS THOUGHT THAT IS THE VEHICLE THROUGH WHICH ENERGY IS EXPRESSED. AND SO, EACH MOVEMENT THAT IS MADE BY THE PHYSICAL BODY REVEALS TO YOU A THOUGHT FORM. THIS THOUGHT FORM, THOUGH INVISIBLE TO THOSE WHO HAVE YET TO OPEN THEIR VISION, IS INDEED VISIBLE TO THE WORKERS FROM OUR WORLD WHO BY DIRECTED ENERGY, ARE ABLE TO SPEAK WITH YOU IN THIS WAY. EACH CREATED THOUGHT FORM MUST BE NEUTRALIZED IN ORDER THAT WE MAY CONTINUE TO WORK AND BRING YOU THIS UNDERSTANDING IN THIS WAY. THE MORE ENERGY THAT MUST BE UTILIZED BY US TO NEUTRALIZE THE THOUGHT FORMS CREATED BY THE SITTERS, LEAVES, SO-TO-SPEAK, LESS ENERGY FOR US TO GIVE UNTO YOU THESE TEACHINGS. FOR IT IS
(continued page 10)

continued from page 9

OUR RESPONSIBILITY NOT TO PERMIT THE DIMINISHING OF THE ENERGY LEVEL TO SUCH A STATE THAT IT IS DETRIMENTAL TO OUR CHANNEL. ALTHOUGH THAT HAS HAPPENED ON SOME OCCASIONS, WE MAKE GREAT EFFORT NOT TO PERMIT IT TO TAKE PLACE.

AND SO, THE EFFECTS UPON ANY MEDIUM SERVING AS A CHANNEL IN THIS WAY IS EXTREMELY DETRIMENTAL TO THE HEALTH OF THE CHANNEL IF WE CONTINUE TO USE THE CHANNEL WHERE THERE IS A LACK OF ENERGY FOR THE SUSTENANCE AND BALANCE WHICH IS HEALTH FOR THE CHANNEL. IF THE NEUTRALIZATION OF THE THOUGHT FORMS CREATED BY THE MOVEMENT OF THE SITTERS DID NOT TAKE PLACE, THOSE THOUGHT FORMS HAVE ONE GREAT DESIRE, THE DESIRE TO EXPRESS, AND BECAUSE THEY ARE A CREATED FORM, THE VEHICLE OF ENERGY, THEY ARE INTELLIGENT FOR THEY HAVE THE INTELLIGENCE OF THEIR CREATOR, AND SEEKING TO EXPRESS, THEY BOMBARD THE CHANNEL AND TRY TO EXPRESS THROUGH OUR CHANNEL RATHER THAN HOVER IN THE ATMOSPHERE FOR IT IS THE VERY NATURE AND THE PRINCIPLE OF THE CREATION OF THE THOUGHT FORM TO EXPRESS. AND THIS IS ONE OF THE GREAT MISUNDERSTANDINGS IN YOUR WORLD OF COMMUNICATION, FOR IT IS EASIER FOR ANY HUMAN BECOMING RECEPTIVE TO THESE OTHER DIMENSIONS TO BE THE VICTIM OF THOUGHT FORM ENTITIES THAN TO BE THE FREE AND CLEAR CHANNEL OF THE SPIRIT. THE REASON THAT IT IS EASIER FOR A CHANNEL, A MEDIUM, TO BE THE VICTIM OF THOUGHT FORMS IS BECAUSE IT IS MORE DIFFICULT AND TAKES A GREAT DEAL MORE DEDICATION TO RISE ABOVE THE MENTAL LEVELS OF CONSCIOUSNESS TO SERVE THE LIGHT OF ETERNAL TRUTH.

AND SO, MY GOOD STUDENTS, BECAUSE YOU HAVE ASKED THE QUESTION, AT LAST, YOU NOW BEAR EVEN A GREATER RESPONSIBILITY -- A RESPONSIBILITY THAT COMES WITH AWARENESS -- A RESPONSIBILITY TO THE LIGHT, THAT YOU MAY DO YOUR PART THROUGH

A GREATER EFFORT OF SELF-CONTROL KNOWING THE DIVINE TRUTH, AND KNOWING BEYOND A SHADOW OF ANY DOUBT THAT YOUR BODIES CANNOT MOVE WITHOUT THE VEHICLE OF THOUGHT THROUGH WHICH ENERGY MOVES THEM. NOW A PERSON MAY THINK, WELL I JUST MOVED MY FOOT, OR I JUST MOVED MY HAND -- BUT IN ORDER TO MOVE A HAND, YOU MUST CREATE A FORM, AND YOU DO NOT CREATE A FORM OF MOVING THE HAND, YOU CREATE THE FORMS RELATED TO THE MOVEMENT OF HAND FROM VERY EARLY, EARLY TIMES. DO TO DISREGARD WHAT IS KNOWN AS THE PRIMITIVE MIND. DO NOT DISREGARD THAT THE MIND CONTROLLED BY FEAR CREATES FORMS ACCORDINGLY, AND THOSE ARE THE FORMS THAT YOU EMIT FROM YOUR AURA THAT GO INTO THE ATMOSPHERE, AND LIKE A GREAT BOMBARDMENT DESCEND UPON ANY CHANNEL THAT IS OPEN AND RECEPTIVE TO THESE OTHER FREQUENCIES AND WAVE LENGTHS.

WE'VE ALWAYS TAUGHT THAT LIFE IS ONLY THE EFFECT OF OUR OWN ATTITUDE OF MIND. AND SO IF YOUR DAYS ARE BEAUTIFUL AND HEAVENLY, THEY ARE THE EFFECTS OF THE ANGELIC FORMS THAT HAVE BEEN CREATED BY YOUR PURE MOTIVE AND SELFLESS ATTITUDE OF MIND. PEACE, AND PEACE ALONE IS THE POWER OF GOD, OF HEALTH, OF WEALTH, OF HAPPINESS. AND WHEN THAT EFFORT OF PEACE IS MADE OVER AND OVER AGAIN -- EACH MOMENT, MY STUDENTS, NOT NOW AND THEN -- EACH MOMENT YOU FACE YOUR PERSONAL RESPONSIBILITY TO BE THE INSTRUMENTS THROUGH WHICH UNADULTERATED PURE DIVINE ENERGY MAY FLOW THROUGH YOUR CONSCIOUSNESS CREATING ANGELIC FORMS OF GOODNESS, BEAUTY, AND JOY TO THE WORLD. THAT IS THE GREAT RESPONSIBILITY THAT YOU ALL HAVE EARNED IN YOUR EVOLUTION. AND SO YOU HAVE COME TO THE EARTH REALM WITH A HEAVY-SEEMING CROSS TO BEAR, BUT YOU HAVE ALSO COME TO EARTH WITH A CROWN THAT WAITS TO LIFT YOU TO HEAVENLY HEIGHTS WHEN YOU FACE MOMENT BY MOMENT YOUR PERSONAL RESPONSIBILITY AS A CREATOR, FOR THAT, MY STUDENTS, IS WHAT IN TRUTH YOU ARE
(continued page 12)

continued from page 11

CONSTANTLY CREATING -- THE GOOD, THE PEACE, THE JOY, AND THE HAPPINESS -- OR DESTROYING THE GOODNESS WHICH IS THE TRUE HOME OF YOUR SOUL.

QUESTION: PLEASE GIVE YOUR UNDERSTANDING OF GRACIOUSNESS.

ANSWER: GRACIOUSNESS IS THE JOY OF DIGNITY. AND WHEN THE MIND IS FREE AND CLEAR, THE CHARACTER OF THE SOUL RISES AND YOU HAVE A HEART THAT'S FILLED WITH JOY AND A SOUL THAT EMANATES THE DIGNITY, THE TRUE CHARACTER OF LIFE ETERNAL, FREED FROM ALL SELF-CONCERN.

QUESTION: PLEASE EXPAND UPON THE DECEPTION OF THE MIND WHEN IT SAYS, "THOSE THINGS NEVER BOTHER ME." AND PLEASE DISCUSS THE LAW ONE SETS INTO MOTION WHEN ONE FLATLY DENIES ONE HAS A HANG-UP ABOUT MONEY OR ANOTHER THING IN PARTICULAR.

ANSWER: TO DENY THAT WE HAVE THIS OR HAVE NOT THAT ESTABLISHES THE MENTAL LAW AND OUR DENIALS BECOME OUR DESTINIES. IT IS THROUGH AN ERROR OF IGNORANCE THAT OUR MINDS CHOOSE NOT TO FACE WHAT WE HAVE JUDGED IS EXISTING IN ANOTHER AND IS REPULSIVE AND INTOLERABLE TO OUR MINDS. AND BECAUSE WE HAVE MADE THE JUDGMENT, AND BECAUSE WE HAVE FOUND IT REPULSIVE AND INTOLERABLE, REVEALS UNTO US THAT WE HAVE YET TO OPEN IN THAT RESPECT, THE FIRST SOUL FACULTY OF DUTY, GRATITUDE, AND TOLERANCE. AND SO THE LAW GOES TO WORK, AND IT BRINGS UP FROM THE DEPTHS OF OUR OWN BEING THE VERY LEVEL OF CONSCIOUSNESS THAT WE HAVE CHOSEN FROM OUR SEAT OF JUDGMENT OF DECLARE THAT IT DOES NOT EXIST WITHIN US. WE MUST ASK OURSELF THE QUESTION WHEN WE SAY THAT WE HAVE NO INTEREST AND NO PROBLEMS CONCERNING WHAT MAN CALLS MONEY. WE MUST ASK OURSELF WHAT THAT MEANS TO OURSELF. DOES IT MEAN THAT WE DO NOT ENTERTAIN THE THOUGHT OR THE INTEREST OF MATERIAL SUPPLY? OR, DOES IT MEAN THAT WE DO NOT ENTERTAIN THE

CLASS 74

GOOD EVENING, CLASS. THIS EVENING WE WILL SPEND A FEW MOMENTS ON DISCUSSING ONE OF THE BASIC TEACHINGS OF THIS PHILOSOPHY, WHICH SIMPLY STATES THAT LIFE IS THE LIMIT OF ONE'S EXPERIENCE. WE ALL KNOW THAT EXPERIENCE IS SOMETHING THAT IS A CONTINUUM IN CONSCIOUSNESS, THAT WE HAVE ENTERED THIS EARTH REALM ALREADY HAVING EXPERIENCED MANY EXPERIENCES AND WE CONTINUE ON IN THE ETERNAL MOMENT OF NOW. WHEREAS THERE IS NO BEGINNING TO THE DIVINE EXPRESSION KNOWN AS EXPERIENCE, THERE IS NO ENDING, FOR THAT WITHOUT BEGINNING CANNOT HAVE ENDING. AND SO IT IS THAT OUR SOUL, EVOLVING THROUGH THE SOLAR SYSTEMS AND UNIVERSES, HAS ENTERED THIS EARTH REALM. THE DIVINE SPIRIT KNOWN AS GOD, WHEN INDIVIDUALIZED IS CALLED SOUL. NOW, THE SOUL WHICH IS COMMONLY REFERRED TO AS THE COVERING OF THAT DIVINE SPIRIT, THE INDIVIDUALIZATION THEREOF, ENTERS THIS EARTH REALM INTO THE EXPERIENCES, THE TYPE OF FAMILY, THE TYPE OF A BODY, ACCORDING TO THE STRONGEST TAPES OF THE SO-CALLED COMPUTER BEFORE IT ENTERS THE EARTH REALM.

NOW WHAT ARE THE STRONGEST TAPES IN OUR SO-CALLED COMPUTER? YOU SEE SOME OF US, IT SEEMS, BELIEVE THAT WHEN THE PHYSICAL BODY GOES BACK TO THE EARTH THAT THE BRAIN GOES WITH IT, WHICH IT DOES, AND THEY ARE FREED FROM WHAT IS KNOWN AS EARTHLY EXPERIENCE. AND, OF COURSE, MY FRIENDS, THIS IS DEMONSTRABLY THE FARTHEST THING FROM TRUTH ITSELF. THE MIND IS NOT COMPOSED OF MATERIAL SUBSTANCE AND DOES NOT, DOES NOT UPON SO-CALLED PHYSICAL DEATH, RETURN TO THE EARTH REALM. IT CONTINUES ON WITH ITS EXPERIENCES. AND SO IT IS THAT EACH MOMENT WE ARE DYING, AND EACH MOMENT WE ARE GIVING BIRTH, FOR EACH MOMENT, THIS ETERNAL AND EVERY MOMENT, IS A CHOICE THAT, OF COURSE, WE ARE ALL MAKING.
(continued page 14)

continued from page 13

WHEN WE CHOOSE, AND CHOOSE WE DO, TO BE THE EFFECT OF PAST EXPERIENCES, THEN WE RETARD IN TRUTH TEMPORARILY OUR OWN PROGRESSION.

NOW WE HAVE DISCUSSED MUCH IN THIS PHILOSOPHY ABOUT WHAT MAN CALLS THE HUMAN EGO. WHEN THE HUMAN EGO IS USED AND NOT ABUSED, THEN IT SERVES THE PURPOSE FOR WHICH IT WAS IN TRUTH DESIGNED. NOW WHAT IS THE USE OF THE HUMAN EGO AND WHAT IS THE ABUSE OF THE HUMAN EGO? IT CAN BE VERY SIMPLY STATED IN THE AFFIRMATION THAT YOU ALL HAVE BEEN GIVEN TO USE IN THIS CLASS AND IN YOUR DAILY LIVES. HOWEVER, IF YOU CHOOSE NOT TO USE IT, THAT IN TRUTH IS YOUR DIVINE RIGHT. WHEN MAN DEMONSTRATES WHAT IS CALLED TOTAL CONSIDERATION, HE USES THE EGO FOR THE PURPOSE FOR WHICH IT WAS DESIGNED. WHEN HE DOES NOT USE TOTAL CONSIDERATION, HE ABUSES IT AND THAT ABUSE IS KNOWN AS THE UNEDUCATED EGO. WE HAVE STATED MANY TIMES IN THESE CLASSES THAT THERE ARE EIGHTY-ONE LEVELS OF CONSCIOUSNESS, AND THERE'S MORE THAN ONE WAY TO LOOK AT ANY SITUATION. BUT IF WE INSIST UPON BEING CONTROLLED BY EXPERIENCES OF THE PAST AND BEING PROPELLED IN MOTION BY THOSE EXPERIENCES, THEN WE ARE NOT USING THE HUMAN EGO; WE ARE IN TRUTH ABUSING IT.

IT IS STATED THAT DESIRES ARE LIKE SHADOWS, THEY DISAPPEAR IN THE LIGHT OF REASON. AND SO WHEN WE USE THE LIGHT OF REASON, THEN WE, IN TRUTH, ARE IN TOTAL CONSIDERATION. NOW MAN CANNOT, OF COURSE, CONSIDER THE LEVELS OF CONSCIOUSNESS THAT HE SEES ANOTHER EXPRESSING UNLESS HE FIRST CONSIDERS THOSE LEVELS OF CONSCIOUSNESS WITHIN HIMSELF. OUR TEACHING IS NOT AND NEVER HAS BEEN TO ANNIHILATE THE FORCE AND THE DRIVE OF THE EGO, BUT IT HAS, AND CONTINUES TO BE, ITS EDUCATION. WITHOUT THE EFFORT, THE DAILY AND CONSTANT EFFORT OF EDUCATING OF THE EGO, WE ARE NOTHING MORE AND WE ARE NOTHING LESS THAN THE VICTIM OF ACCEPTED

PATTERNS OF PAST EXPERIENCES. MAKING CHANGE IS NOT SOMETHING THAT IS READILY ACCEPTED BY THE MIND. THAT, TOO, HAS BEEN DISCUSSED. THE REASON THAT IT IS NOT WILLING, READY, AND ALWAYS ABLE TO MAKE CHANGE IS BECAUSE OF OUR RELIANCE UPON WHAT WE CALL OUR OWN MIND. AND SO IT IS THAT WE CONTINUE ON YEAR AFTER YEAR, CENTURY AFTER CENTURY, WITH THE SAME BASIC PATTERNS, MY FRIEND, OF EXPRESSION.

THE LAW IS THE LAW -- THE DIVINE LAW -- A LAW THAT MAN DID NOT MAKE, BUT A LAW THAT MAN IS SUBJECT TO. WHEN WE ACCEPT A GREATER AUTHORITY IN OUR CONSCIOUSNESS, WE WILL THEN BECOME QUALIFIED, QUALIFIED, MY GOOD STUDENTS, TO ACCEPT CHANGE AND FREE OURSELVES FROM THIS SO-CALLED KARMIC WHEEL OF ILLUSION AND DELUSION.

WE ALL KNOW, I AM SURE, WHAT IT IS LIKE TO HAVE A THOUGHT THAT TROUBLES US. WE TELL IT TO GO AWAY AND IT KEEPS RIGHT ON HOUNDING US LIKE A SHADOW. AND WE WONDER WHY THAT THOUGHT WILL NOT GO AWAY. AS LONG AS WE ENTERTAIN THE THOUGHT, AS LONG AS WE REFUSE, LITERALLY REFUSE, TO RELEASE IT TO A DIVINE AUTHORITY, AS LONG AS WE DO THAT, WE WILL CONTINUE TO BE THE SLAVE OF THE THOUGHT AND IT WILL CONTINUE TO HOUND US NO MATTER WHERE WE GO AND NO MATTER WHAT WE DO. HOWEVER, OUR MINDS QUESTION AND IT SAYS WHO KNOWS MORE THAN I KNOW? NOW I KNOW THAT MANY STUDENTS WILL NOT AGREE THAT THAT TYPE OF THINKING IS ENTERTAINED IN THEIR MIND, BUT LET US BE HONEST AS STUDENTS AND LET US SEE, LET US ACCEPT THE GREAT TRUTH THAT THE ACT REVEALS THE THOUGHT. IT IS NOT BY OUR THOUGHTS, MY FRIEND, ALONE THAT WE LIVE, FOR IF THAT WERE TRUE MAN WOULD NEVER EAT, NOR WOULD HE DRINK. AND SO IT IS BY OUR ACTS, AND BY OUR ACTIONS AND OUR ACTIVITIES DO WE IN TRUTH REVEAL TO OTHERS AND TO OURSELVES WHERE WE REALLY ARE. YOU SEE WE NEVER NEED TO ASK ANYONE WHERE WE ARE AND WE NEVER NEED TO TELL ANYONE WHERE WE
(continued page 16)

continued from page 15

ARE BECAUSE WE AS HUMAN BEINGS ARE THE CONSTANT REVELATION OF WHERE WE ARE, WHO WE ARE AND WHAT WE ARE. LET US, BE IT IN DIVINE ORDER, NOT ONLY THINK MORE DEEPLY, BUT LET US ENTERTAIN IN THOUGHT, "HAVE I, OR AM I, MAKING THE TRUE, SINCERE EFFORT TO ACCEPT INTO MY CONSCIOUSNESS, TO CONSIDER AND ACCEPT IN MY CONSCIOUSNESS AN INTELLIGENT, DIVINE AUTHORITY THAT KNOWS WHAT IS BEST FOR MY LIFE." IF WE IN TRUTH ARE MAKING THAT EFFORT, THEN WE ARE IN TRUTH GROWING IN THE LIGHT. IF WE ARE NOT MAKING THAT EFFORT, IT SIMPLY MEANS THAT WE ARE NOT YET READY TO LET GO AND LET THE DIVINE MOVE INTO OUR LIFE AND BRING US THE PEACE, THE JOY, THE FULFILLMENT THAT OUR SOULS ARE CRYING LIKE VOICES IN THE WILDERNESS FOR. HOW MANY DAYS, HOW MANY YEARS, AND HOW MANY THOUSANDS AND THOUSANDS OF YEARS MUST WE AS HUMAN SOULS TRY TO RETURN HOME IN CONSCIOUSSNESS TO THE LIGHT THAT IS WITHIN US THAT WILL FREE US AND THAT WILL FULFILL US? THERE IS NO OBSTRUCTION, MY GOOD STUDENTS, OUTSIDE OF US. THE ONLY OBSTRUCTION IS THE UNWILLINGNESS TO LET GO OF THE VEHICLE KNOWN AS EGO THAT WE HAVE SO BADLY ABUSED. LET US USE IT FOR ITS TRUE PURPOSE AND ACCOMPLISH SOME GOOD FIRST IN OUR OWN LIVES, BECAUSE IF WE CAN'T ACCOMPLISH SOME GOOD IN OUR OWN LIVES, WE'RE CERTAINLY NOT QUALIFIED TO BECOME THE INSTRUMENT FOR GOOD TO BE ACCOMPLISHED IN SOMEONE ELSE'S LIFE. LET US MAKE A GREATER EFFORT TO RISE TO HIGHER LEVELS OF CONSCIOUSNESS, TO ACCEPT THE DIVINE TRUTH THAT WE ARE INSEPARABLY A PART OF ONE, THAT THE VARIETY IS THE ILLUSION KNOWN AS CREATION, THAT WE MAY BE READY, WILLING AND ABLE TO CHANGE IN THE SPONTANEITY OF THE MOMENT FOR THE GREATER GOOD OF THE WHOLE. THE HUMAN MIND DOES NOT NEED TO FRET AND WORRY WHAT IS THE GOOD FOR THE WHOLE, FOR IN SO DOING IT BECOMES THE JUDGE AND THE JURY. ALL THE HUMAN MIND NEEDS TO DO IS TO

LET GO AND DIRECT THE ENERGY TO THE SOUL FACULTIES. MANY OF MY STUDENTS HAVE ASKED WHY THEY HAVE NOT BEEN GIVEN MORE OF THE SOUL FACULTIES AND THE ANSWER IS VERY SIMPLE. THE FIRST FACULTY IS DUTY, GRATITUDE AND TOLERANCE. THE SECOND FACULTY IS FAITH, POISE AND HUMILITY. OF WHAT BENEFIT, MY GOOD STUDENTS, IS IT TO GIVE TO ANYONE THE MULTITUDE OF SOUL FACULTIES WHEN THEY'RE YET NOT READY TO EXPRESS THROUGH THE FIRST OR SECOND? WHEN MAN EXPRESSES THROUGH THE SECOND SOUL FACULTY OF FAITH, POISE AND HUMILITY HE IS FREED FROM THE TIGER OF DELUSION KNOWN AS MONEY, EGO AND SEX. AND WHEN THE STUDENT IS READY, THE ANSWER THAT THEY ARE SEEKING WILL APPEAR. BUT LET US FIRST FREE OUR CONSCIOUSNESS FROM THE BONDAGE OF THAT TRIUNE FUNCTION BY DIRECTING SOME OF THE ENERGY THAT'S GOING INTO THOSE FUNCTIONS INTO THE SOUL FACULTIES.

NOW YOU'RE FREE TO ASK YOUR QUESTIONS.

QUESTION: THANK YOU VERY MUCH FOR YOUR REMARKS, AND IF I UNDERSTAND YOU CORRECTLY, FROM TONIGHT AND PAST NIGHTS, UNFOLDING THE SECOND SOUL FACULTY OF FAITH, POISE AND HUMILITY, OR AT LEAST ONE ASPECT, REALLY BOILS DOWN TO THE EGO MOVING FROM FINDING ITS SATISFACTIONS IN BEING KING AND THINKING IT KNOWS BEST, TO FINDING SATISFACTION IN PUTTING GOD FIRST AND EMPLOYING THE NATURAL LAW. NOW I CAN UNDERSTAND HOW THIS FACULTY COULD BE CALLED THE LAW OF HARMONY. COULD IT NOT ALSO BE CALLED ACCEPTANCE, THE DIVINE WILL?

ANSWER: YES, IT COULD BECAUSE WITHOUT ACCEPTANCE, WHICH IS THE DIVINE WILL, WE CANNOT MOVE FROM THE FOUNDATION OF UNDERSTANDING THROUGH THE SOUL FACULTIES. THERE IS NO WAY THAT MAN CAN EXPRESS THROUGH THE SOUL FACULTIES WITHOUT ACCEPTANCE, WHICH IS THE DIVINE WILL. THANK YOU, I HOPE THAT'S HELPED WITH YOUR QUESTION.

QUESTION: I'VE BEEN WONDERING -- WHEN WE
(continued page 38)

Gems of Light

*MAN'S GODLINESS IS REVEALED IN HIS
CONSIDERATION FOR OTHERS.*

GOD GROWS IN GRATITUDE.

PATIENCE IS THE SADNESS OF HOPE.

*WHEN YOU HAVE GIVEN ALL, WHAT THEN SHALL BE
LEFT?*

*THE DESTINY OF DESIRE IS THE DENIAL OF
GOD.*

*THE JOY OF MARRIAGE IS THE WILLINGNESS TO
GIVE.*

*THE CONSCIENCE OF WISDOM IS THE LOVE OF
UNDERSTANDING*

*APPLIED PRINCIPLE IS EXPRESSION WITHOUT
BONDAGE.*

Spiritual Healing

*by Hazel Field**

THERE IS AN AFFIRMATION IN SERENITY THAT GOES "PEACE IS THE POWER, HARMONY THE WAY. GOD IS AT THE HELM AND IT'S A BEAUTIFUL DAY."

WHEN WE MAKE THE EFFORT TO STILL OUR MINDS SO THAT WE CAN EXPERIENCE THOSE MOMENTS OF PEACE, WE WILL FIND OUR HEALTH IMPROVING FOR PEACE AND HARMONY GO HAND IN HAND. "THE LAW OF HARMONY FLOWS THROUGH THE FACULTY OF FAITH, POISE AND HUMILITY."

WE EXPRESS THROUGH VARIOUS LEVELS OF MIND AT DIFFERENT TIMES AND THROUGH THE FACULTY OF FAITH WHICH BRINGS POISE AND HUMILITY, WE ARE ABLE TO EXPRESS THROUGH MORE HARMONIOUS LEVELS OF CONSCIOUSNESS.

BY DIRECT CONCENTRATION ON THE LAW OF HARMONY WHICH FLOWS THROUGH THE TRIUNE FACULTY OF FAITH, POISE AND HUMILITY, WE CAN RAISE OUR LEVELS OF CONSCIOUSNESS TO HIGHER LEVELS. WE ARE PERSONALLY RESPONSIBLE FOR OUR OWN THOUGHTS AND IF WE COULD MAKE MORE EFFORT TO FREE OUR MINDS FROM THE BONDAGE OF ATTACHMENT, WE COULD FREE OUR SPIRIT SO IT COULD FLOW THROUGH THE LAW OF HARMONY AND SERVE THE PURPOSE FOR WHICH IT CAME TO EARTH.

WHEN WE BOW OUR EGOS AND SURRENDER TO THE DIVINE WILL OF GOD, SO MUCH GOODNESS COMES INTO OUR LIVES. WE ONLY HAVE TO ACCEPT WHAT IS ALREADY WAITING FOR US.

WE NEED TO GIVE UP IN ORDER TO GAIN; TO LET GO OF YESTERDAY AND BE IN THE MOMENT OF NOW, FOR IT IS THE MOMENT OF NOW WHICH WE CAN DO SOMETHING WITH, NOT YESTERDAY. THE SHADOWS OF THE PAST HAVE NEVER BROUGHT US ANY GOOD AND WHEN WE MAKE THE EFFORT TO PUT GOD INTO OUR THOUGHTS EVERYDAY, WE'LL FIND MORE JOY THAN WE COULD POSSIBLY KNOW.

(continued page 42)

Visitors' Views

"THANK YOU FOR YOUR INSPIRATION, GUIDANCE AND LOVE. A BIT LONG IN SITTING."

"THANK YOU SO MUCH FOR THE HEALING POWER I EXPERIENCED HERE WITH YOU ALL."

"ENJOYED THE SERVICE." - E.O.J.

"I ENJOYED THE SERVICE VERY MUCH THIS MORNING. THANK YOU." - D.D.

"COMFORTABLE ATMOSPHERE AND HIGH VIBES. GOOD MEDITATION TIMES!"

"VERY COMFORTABLE PRESENTATION - LOVING SERVICE." - J. & J. M.

"I FELT A SENSE OF CALMNESS AND A NATURAL FEELING OF KNOWINGNESS IN WHAT YOU WERE SAYING. I PLAN ON RETURNING. THANK YOU ALL. LOVE." - R.K.T.

Invocation

THANK THEE, O GOD
FOR GIVING US A WAY
TO BE FREE
FROM OUR CREATED
REALITY.

Reading

A TEACHING OF THE LIVING LIGHT PHILOSOPHY IS THAT "WE ARE SPIRIT, FORMLESS AND FREE. WHATEVER WE THINK, THAT WILL WE BE." FOR MOST OF US, WE IDENTIFY WITH THE THOUGHT OF WHAT WE THINK WE ARE, AND, THUS, BECOME THE THOUGHT. WITH EACH THOUGHT THAT WE ENTERTAIN, WE SEND OUT THOUGHT FORMS WHICH ARE THE IMAGES THAT WE HOLD OF OURSELF IN OUR MIND. THE REASON THAT IT IS DIFFICULT FOR PEOPLE TO CHANGE THEIR IMAGE IS BECAUSE THEY ARE ATTACHED TO AND HAVE IDENTIFIED WITH THE IMAGE. THE ATTACHMENT IS TO WHAT HAS BEEN, TO PAST EXPERIENCES, TO THE THOUGHT FORMS OF YESTERDAY. THEREFORE, WHEN A PERSON PLACES THEIR ATTENTION UPON THE IMAGE, THEY ARE BOUND BY THAT IMAGE, AND IT IS THE OBSTRUCTION TO THEIR TRUE BEING, WHICH IS FORMLESS AND FREE.

THE WAY THROUGH AN OBSTRUCTION IS TO TAKE ONE'S ATTENTION OFF THE OBSTRUCTION. THAT IS, TO CHANGE THE DIRECTION OF ONE'S THOUGHTS SO THAT ONE RISES TO A HIGHER LEVEL OF CONSCIOUSNESS. TO RISE TO A HIGHER LEVEL OF CONSCIOUSNESS ONE MUST ENTERTAIN THOUGHTS THAT ARE POSITIVE AND ONE MUST CONSCIOUSLY THINK AND FEEL THAT, IN THE PRESENT MOMENT, GOOD IS HAPPENING. THIS INVOLVES ACCEPTING THAT GOOD IS HAPPENING, WHEREUPON ONE MOVES INTO THAT DIVINE FLOW OF GOODNESS WITHOUT THE LIMITATIONS OF THOUGHTS, WITHOUT THE IMAGES OF CREATION.

Serenity Students

by Sandy Johnson*

CONCERN IS "THE EPITOME OF THE EGO-BRAIN MECHANISM DICTATING TO GOD HOW THINGS SHALL BE DONE." THIS TEACHING OF THE LIVING LIGHT HAS BEEN MOST BENEFICIAL IN CLARIFYING ONE OF THE MANY WAYS WE HAVE OFTEN SOLD OUT THE LIGHT OF REASON FOR OUR MENTAL JUDGMENTS. THE TRAP OF SELF-CONCERN STARTS WITH THE VERY GOOD INTENTION OF DOING A JOB WELL. THEN THROUGH AN OVER-IDENTIFICATION WITH SELF AND AN ATTACHMENT TO THE FRUITS OF OUR ACTION, WE FIND OURSELVES DESCENDING INTO THE REALMS OF JUDGMENT AND CONCERN. WE FORGET THAT GREAT TEACHING THAT STATES "I AM ONLY THE CHANNEL, IT IS THE LIGHT THAT DOETH THE WORK." WHEN WE ARE IN CONCERN REGARDING THE OUTCOME OF ANY ACTION OR SITUATION IT REVEALS THAT WE TRULY HAVE NOT GIVEN IT TO GOD AND WE ARE NOT SERVING AS A CHANNEL FOR THE LIGHT.

OF WHAT VALUE IS OUR LIFE IF WE INSIST ON TAKNG THE GOODNESS OF ANY ENDEAVOR FOR THE GLORY OF OUR EGO? NO SPIRITUAL GOOD CAN COME FROM OUR EFFORTS IF WE DO NOT PUT GOD IN IT. THE MIND QUESTIONS, "HOW DO WE PUT GOD IN IT?" VERY SIMPLY, WE TAKE THE THOUGHT OF SELF OUT OF IT. WE CAN HAVE NO CONCERN IF WE PUT GOD IN IT. WE DO OUR BEST WHICH IS TO BE FREE FROM SELF SO THE DIVINE CAN FLOW THROUGH US. AT TIMES WE HAVE ALL DONE THIS TO SOME DEGREE AND ARE AMAZED HOW WELL THINGS WORK.

HOW OFTEN THINGS WORK OUT WELL REVEALS HOW MUCH EFFORT WE HAVE MADE TO REMOVE THE THOUGHT OF SELF FROM OUR ACTIVITIES. BEWARE WHEN WE ARE CONCERNED HOW THINGS SHALL BE FOR IT REVEALS WE HAVE ONCE AGAIN CLAIMED IT FROM GOD FOR THE
22 (continued page 37)

Children's Corner

SOMETIMES IT IS HARD TO BE GRATEFUL WHEN SOMEBODY IS HELPING YOU BECAUSE YOUR BRAIN SAYS THEY ARE DISCIPLINING YOU. YOU SHOULD BE GRATEFUL THAT THEY ARE DISCIPLINING YOU.

Michael Field, Age 12

WE CAN BE OUR OWN ENEMY WHEN WE THINK OF PAST BECAUSE WE ARE DWELLING ON SOMETING THAT HAPPENED BEFORE. IT DOES US NO GOOD. THE HOPI INDIANS HAVE NO WORD FOR FUTURE OR PAST.

Stacey McKenzie, Age 12

SELF CONTROL: YOU HAVE TO DECIDE WHAT IS RIGHT AND WHAT IS WRONG. THEN YOU HAVE TO TRY TO DO WHAT HAS BEEN DECIDED IS RIGHT.

Bruce Perez, Age 11

SOMETIMES WE ARE OUR WORST ENEMY, WHEN WE THINK OF THE PAST WE TOTALY MISS THE FUTURE AND EXPIRENCE NOTHING BETTER, AND WE CREATE DARKNESS IN OUR OWN MIND.

WE SHOULD ACCEPT THE POSIPILITY THAT WE MAY BE WRONG. WHEN WE DO THIS OUR LIFE WILL BEGAN TO LIFT.

Patrice Karlsen, Age 13

I SAY MY AFFIRMATIONS IN THE MORNING AND AT NIGHT. I THINK ABOUT GOD DURING THE DAY.

Richie Arcona, Age 6

I LIKE MY GRANDPA AND I LOVE HIM AND I'M FINE NOW. I LIKE GOD.

Heather Truitt, Age 5

In keeping with Serenity's policy to encourage expression by all its students, this column contains the unedited articles submitted by the children attending our children's philosophy classes.

Serenity presents - - -

THE LIVING LIGHT PHILOSOPHY CASSETTES

OVER 400 CLASSES, DISCOURSES
AND LECTURES

AVAILABLE TO CHOOSE FROM!

A *MUST* FOR THOSE SEARCHING

FOR AN UNDERSTANDING

TO FREE THE SOUL

FROM THE BONDAGE

OF THE MIND.

DEMONSTRABLE LAW IS GIVEN IN ITS

SIMPLE TRUTH.

*A DESCRIPTIVE CASSETTE CATALOG
WITH DETAILS OF
THE SERENITY CASSETTE CLUB
IS YOURS FOR THE ASKING.*

*Write : SERENITY
P. O. Box 137
Forest Knolls, CA 94933*



DIVINE HEALING PRAYER

I accept that the Divine Healing Power
Is removing all obstructions
From my mind and body
And is restoring me to perfect
Health, wealth and happiness.
My heart is filled with gratitude
For the Divine Law of Acceptance
That is healing both present and absent ones
Who are in need of help.
Peace, the power that healeth,
Is guiding my thoughts, acts and deeds,
As God and I go hand in hand
Living a life of joyful abundance.



Poet's Pen

SO SIMPLE

*SOMETIMES IT IS SO SIMPLE
SOMETIMES IT IS SO HARD
TO FIND THE PATH
TO KNOW THE WAY
JUST TO GET THROUGH THE DAY.*

*BUT THEN I KNOW
IT'S UP TO ME
IT'S MY RESPONSIBILITY
TO MAKE IT SIMPLE
TO GIVE IT ALL TO THEE.*

- Beverly Houser

DAWN

*NOTHING IS AS PRETTY
NOTHING CAN COMPARE
WITH THE DAWN OF A NEW DAY
IT JUST TAKES THE BREATH AWAY.*

DAY

*PRETTY SOON IT IS NOON
MID-POINT IN THE DAY
THE EPICYCLIC PATTERN
MOVING ALONG ITS WAY.*

DUSK

*FADING FROM LIGHT INTO NIGHT
ACROSS THE SKY UNFOLDS
A SPECTACULAR DISPLAY
GOD'S MASTERPIECE FOR THE DAY.*

- Beverly Houser

In Our Thoughts

<i>BLACKHAWK, JR.</i>	<i>ELIZABETH KUBAT</i>
<i>BROTHER</i>	<i>CHARLOTTE KWEDER</i>
<i>BUBBA</i>	<i>ERICK OTHBERG</i>
<i>ORVILLE CAVENDER</i>	<i>GRETA OTHBERG</i>
<i>VERA CAVENDER</i>	<i>PEPPE</i>
<i>HARRY CLAVERI</i>	<i>SHELEIKA</i>
<i>HERB DAVIS</i>	<i>SNOWFLAKE</i>
<i>FRANCIS M. GELARDI, JR.</i>	<i>SUNSHINE</i>
<i>ISA GOODWIN</i>	<i>CARLOTTA SOSA</i>
<i>KATHLEEN GRAVES</i>	<i>THOMAS SOSA</i>
<i>MICHELE GRAVES</i>	<i>BRITTA UPPSTROM</i>
<i>SCOTT GRAVES</i>	<i>ESTHER YAVNEH</i>
<i>JESSIE JONES</i>	<i>VERA YOUDAVITCH</i>
<i>JONQUIL</i>	<i>ZUANNA</i>

*TO SEND A HELPFUL THOUGHT OF JOY AND LIGHT
TO THOSE YOU LOVE WHO HAVE PASSED TO THE HIGHER
LIFE, LIST THEIR NAMES IN THIS COLUMN. DONATION
OF ONE DOLLAR PER NAME IS REQUESTED.*

QUESTIONS & ANSWERS

continued from page 7

THAT THE ILLUSION FOR US OF EXPERIENCING IT MAY BE CREATED BY US. I HOPE THAT'S HELPED WITH YOUR QUESTION.

QUESTION: I'M NOT SURE THIS IS APPLICABLE, BUT, I'VE BEEN EXPOSED TO YOUR CHURCH A SHORT TIME, ALTHOUGH I'VE BEEN ASSOCIATED WITH MANY PHILOSOPHIES. A QUESTION THAT KEEPS COMING UP IN MY MIND -- SPIRITUALIST'S BELIEFS AND PHILOSOPHIES APPEARED TO HAVE BEEN AROUND FOR CENTURIES, YET THERE SEEKS A MINUSCULE AMOUNT OF PEOPLE THAT EITHER ATTACH, ATTRACT, OR BE SUPPORTIVE OF THEM. I KEEP COMING UP WITH WHY SUCH EVIDENT TRUTHS FOR ME ARE NOT MORE READILY ACCEPTED THROUGHOUT THE WORLD.

ANSWER: YOU WISH AN ANSWER TO THE QUESTION, SIR? CERTAINLY. WELL I THINK IF WE WILL PAUSE TO THINK, WE WILL CLEARLY SEE THAT SPIRITUALISM OFFERS TO THE WORLD A PATH OF EFFORT. THERE ARE NO SAVIOR GODS IN THE RELIGION, SCIENCE, AND PHILOSOPHY OF SPIRITUALISM. THERE NEVER HAVE BEEN ANY SAVIOR GODS IN THE RELIGION, SCIENCE, AND PHILOSOPHY OF SPIRITUALISM. THEREFORE, BECAUSE IT DOES NOT OFFER TO THE WORLD AN EASY PATH, BUT IT DOES OFFER TO THE WORLD THE TRUTH OF PERSONAL RESPONSIBILITY, AND IN KEEPING WITH THE EVOLUTION OF THE HUMAN SPECIES ON THIS PLANET, IT IS MOST UNDERSTANDING.

IF YOU TAKE A CHILD AND YOU SIT HIM IN A CHAIR AND YOU OFFER HIM THE FULFILLMENT OF DESIRES WITHOUT HIM MAKING ANY EFFORT TO ATTAIN THEM, I'M SURE WE WILL ALL AGREE THE CHILD WILL TAKE THEM. AND HERE WE HAVE IN OUR WORLD MILLIONS OF CHILDREN. IT IS KNOWN BY OUR MIND AS SOMETHING FOR NOTHING. WE DO NOT VALUE, MAN NEVER VALUES ANYTHING THAT HE DOESN'T MAKE EFFORT TO ATTAIN. THE AIR WE BREATHE WE DO NOT CONSIDER WHETHER IT IS THERE, THAT IT IS GOING TO REMAIN THERE, THAT IT IS GOING TO BE CLEAR AND IN THE BEST INTEREST OF OUR HEALTH UNTIL

QUESTIONS & ANSWERS

SOMEONE SOMEWHERE, AND OF COURSE IT'S ALWAYS SOMEONE ELSE, BEGINS TO POLLUTE IT. AND AS WE BECOME AWARE OF THE POLLUTION, WE BEGIN TO MAKE SOME EFFORT TO STOP THE POLLUTION. AND BECAUSE WE BEGIN TO MAKE SOME EFFORT TO STOP THE POLLUTION, WE BEGIN TO HAVE SOME VALUE FOR THE AIR THAT WE CALL CLEAN. BUT BEFORE THAT CAME ABOUT, WE HAD NO VALUE, WE HAD NO THOUGHT.

HOW MANY OF US, AND HOW MUCH TIME HAVE WE SPENT IN OUR LIFE TO THIS POINT IN CONSIDERING WHETHER OR NOT THE OZONE LAYER THAT PROTECTS OUR PLANET FROM TOTAL ANNIHILATION WILL BE THERE FOR US BEFORE IT'S TIME FOR US TO LEAVE EARTH, WILL BE THERE FOR OUR CHILDREN, OUR GRANDCHILDREN AND THE MANY GENERATIONS YET TO COME? HAD WE CONSIDERED IT BEFORE, THERE WOULD NOT BE SO MANY HOLES IN THE OZONE LAYER, AND WE WOULD NOT BE FACING A POTENTIAL CRISIS TODAY THAT SO FEW OF THE WORLD IS EVEN YET CONSIDERING. AND SO IT IS WITH TRUTH AND FREEDOM. WE DESIRE IT, BUT WHEN WE SEE THE PRICE TAG THAT IT COMES WITH, THE PRICE TAG OF EFFORT, OUR DESIRE WANES VERY QUICKLY, ONLY TO RISE AGAIN AND AGAIN, AND AGAIN.

NOW MANY PEOPLE, THEY LOOK AT THE DESIRABILITY OF GETTING MARRIED. AND PERHAPS AFTER THE FIRST TIME, THE SECOND, THE THIRD, THE FOURTH, OR THE FIFTH THEIR DESIRE FOR MARRIAGE HAS WANED DRASTICALLY. WHY? BECAUSE THEY HAD EXPERIENCED THAT IT TAKES SOME EFFORT FOR TWO PEOPLE TO HARMONIOUSLY GROW TOGETHER, TAKES DAILY CONSTANT EFFORT. AND SO WE FIND A CHANGE IN OUR SOCIETY. WE FIND MARRIAGES LESS AND LESS AND LESS AND LESS AND LESS. AND WHAT DOES IT REVEAL? LESS INTEREST IN PAYING THE PRICE -- LESS EFFORT, LESS INTEREST.

AND SO IT HAS ALWAYS BEEN WITH RELIGION. AND SO IT HAS ALWAYS BEEN WITH PHILOSOPHY: THE MORE THAT IT DEMANDS FROM YOU, THE FEWER PEOPLE IT WILL ATTRACT TO IT. UNTIL WE ALL AWAKEN IN LIFE AND WE TRULY UNDERSTAND AND ACCEPT THAT

(continued page 30)

QUESTIONS & ANSWERS

continued from page 29

THERE IS NO WAY THAT WE GET SOMETHING FOR NOTHING. THERE IS NO POSSIBLE WAY. IT IS A TERRIBLE DELUSION IN LIFE TO THINK THAT WE'RE GOING TO GET SOMETHING FOR NOTHING. YET THERE'S A PART OF US THAT KEEPS TRYING. IT TRIES IN MARRIAGES, IT TRIES IN JOBS, IT TRIES ALL OVER THE WORLD. THERE IS NO WAY TO GET SOMETHING FOR NOTHING. IT IS CONTRARY TO NATURAL DEMONSTRABLE LAW, AND MAN IS NOT GREATER THAN THE LAW OF THE UNIVERSE. THERE IS NO WAY TO GET SOMETHING FOR NOTHING.

AND SO WHEN WE SEEK TRUTH, AND HE KNOCKS AT OUR DOOR AND IT'S NOT IN KEEPING WITH WHAT'S ALREADY INSIDE OUR LITTLE HOUSE, WE KICK IT OUT BECAUSE IT COMES CONTRARY TO WHAT WE JUDGE IT SHOULD BE, AND IT DOESN'T FIT. BESIDES IT CARRIES A PRICE TAG WITH IT. THOUGH IT OFFERS FREEDOM FOR TRUTH IS FREEDOM, THE COST, WE DECIDE, IS TOO GREAT. BUT IT WILL KNOCK ANOTHER DAY IN ANOTHER WAY. AND SO IT IS WITH THE RELIGIONS OF OUR WORLD. THEY RISE AND FALL TO RISE AGAIN.

AND SO IT IS WITH SPIRITUALISM. SPIRITUALISM, BEYOND THE SHADOW OF ANY DOUBT, NOT AS AN ORGANIZED MOVEMENT, BUT AS A PHILOSOPHY THAT HAS GONE OUT INTO THE WORLD, TAKEN ON MANY NAME TAGS, IS ONE OF THE LARGEST, IF NOT THE LARGEST RELIGION THIS PLANET EARTH HAS EVER KNOWN. IT HAS BEEN THE INSTRUMENT THROUGHOUT UNTOLD AGES OF GIVEN BIRTHS TO MANY RELIGIONS. IT GAVE BIRTH TO FOURTEEN MAJOR RELIGIONS THAT ONLY ONE TODAY YOU ARE AWARE OF, CALLED CHRISTIANITY. THE FOUNDER OF THAT RELIGION HAD VISIONS AND WAS A MEDIUM. MITHRAISM, THE RELIGION OF THE ROMAN EMPIRE, THE RELIGION PRIOR TO CHRISTIANITY, HAS SAVIOR GOD BORN IN VISIONS, AND ON DOWN THE LIST. SO SPIRITUALISM, ITS SCIENCE AND ITS PHILOSOPHY, HAS ALWAYS BEEN WITH US, AND ALWAYS WILL BE. IT DOESN'T MATTER WHAT NAME TAG MAN GIVES TO

QUESTIONS & ANSWERS

IT. ITS VERY PURPOSE IS TO REMOVE THE BARRIER CREATED BY MENTAL SUBSTANCE BETWEEN OUR TRUE BEING AND THIS WORLD WE LIVE IN KNOWN AS SPIRIT. I HOPE THAT'S HELPED WITH YOUR QUESTION. YOUR'RE WELCOME. YOU SEE, WE DON'T ALWAYS HEAR WHAT WE WANT TO HEAR, BUT WE HEAR WHATEVER LAW WE'VE SET INTO MOTION. THAT'S WHAT RETURNS TO US.

QUESTION: YOU SAID THE SYSTEM WAS DESIGNED DIFFERENTLY AND IS NOT BEING USED AS, AS IT WAS DESIGNED. WHY IS THAT?

ANSWER: WHICH SYSTEM ARE YOU REFERRING TO, PLEASE?

QUESTION: EARLIER YOU REFERRED TO THE SYSTEM OF MENTAL SUBSTANCE, AND THE ENERGIES FOCUSED TOWARD THE EARTH REALMS.

ANSWER: WHY ISN'T IT BEING USED IN KEEPING WITH ITS DESIGN? IS THAT THE QUESTION? YES, MY GOOD FRIEND, IT IS NOT SIMPLY BECAUSE OF OUR ERROR OF IGNORANCE. SOMEDAY WE WILL HAVE TO ACCEPT THAT WE DON'T KNOW EVERYTHING. AND WHEN WE ACCEPT THAT, OUR ERRORS OF IGNORANCE WILL DISAPPEAR INTO THE NOTHINGNESS.

EVERYTHING IS DESIGNED TO SERVE A USEFUL, CONSTRUCTIVE PURPOSE. EVERY THOUGHT WE THINK, EVERY ACT WE DO, FOR GOD OR GOOD, THE PRINCIPLE OF PERFECT HARMONY AND BALANCE IS IN ALL THINGS. NOW, WHEN WE LOOK OUT IN THE WORLD, AND WE SEE SOMETHING, AND TO US WE SAY IS DISTASTEFUL, WE HAVE A MOMENT IN WHICH WE CAN CHOOSE TO SEE THE GOOD THAT IS IN IT. THAT THAT SUSTAINS IT IS GOOD, FOR IT IS THE PRINCIPLE OF PERFECT BALANCE; IT IS THE DIVINE, INFINITE, NEUTRAL ENERGY.

NOW WHATEVER EXPERIENCES WE ENCOUNTER IN LIFE, IF WE WILL PAUSE IN THE MOMENT OF THE EXPERIENCE, AND WE WILL LOOK FOR THE GOOD THAT IS IN IT, WE WILL FIND THE GOOD, AND IN FINDING THE GOOD, THE GOOD FOR US, INSIDE OF US, WILL GROW BECAUSE WE ARE THE ONE THAT IS VIEWING IT. AND WE ARE THE ONE WHO HAS THE CHOICE. IF WE
(continued page 32)

QUESTIONS & ANSWERS

continued from page 31

CHOOSE THE GOOD AND WE MAKE THE EFFORT TO SEE THE GOOD IN ALL THINGS, THEN THE GOOD IN ALL THINGS WILL BE OURS. IT IS ENTIRELY UP TO US. THAT IS WHERE THE CHOICE REALLY IS. IT DOESN'T MATTER WHAT OUR MINDS SAY. OUR MINDS ARE CONDITIONED. THEY'RE LIKE COMPUTERS. BUT WE ARE THE ONES THAT PROGRAMMED OUR MINDS. WE CAN REPROGRAM. THERE'S NO REASON WHY WE CAN'T. WE ARE REPROGRAMMING ANYWAY. THE ONLY THING IS THAT MOST OF US ARE NOT AWARE OF THE PROCESS, AND NOT BEING AWARE, WE ARE NOT DOING IT WITH A TRUE CONSCIOUS AWARENESS. BUT WE CAN, IF THAT'S WHAT WE WANT TO DO.

OUR LIFE, IT'S EVER AS WE MAKE IT. WE MAKE OUR LIFE. THAT IS OUR RESPONSIBILITY. WE MADE OUR LIFE WHEN WE CAME TO EARTH. JUST BECAUSE TO OUR IGNORANCE WE ARE NOT AWARE OF THE PROCESS, DOES NOT EXEMPT US FROM THE LAWS THAT WE ALONE ESTABLISH. WE MADE THE LAW THAT SENT US TO EARTH. WE ARE MAKING THE LAW THAT KEEPS US, AND WE ARE MAKING THE LAW OF WHICH WE SHALL GO ON. THERE IS NO POWER OUTSIDE OF US THAT PUSHES THE BUTTON AND TELLS US WHEN WE'RE GOING. THAT ISN'T HOW LIFE TRULY IS. WE ALONE MAKE THE LAW AND WE ALONE CHANGE THE LAW, FOR OURSELVES. AND THAT, YOU SEE, WE HAVE BEEN GRANTED IN OUR EVOLUTION. IT IS UP TO US. IF WE DON'T LIKE WHAT WE SEE, WE CAN CHANGE WHAT WE SEE. IT IS OUR WORLD.

SO OFTEN I KNOW WITH SOME STUDENTS THEY THINK, "WELL, THAT'S JUST THE MAKE-BELIEVE." WELL, WHAT DO WE THINK OUR LIFE REALLY IS? OUR LIFE IS AN EFFECT OF OUR BELIEF. IT IS AN EFFECT OF OUR ACCEPTANCE. IT IS AN EFFECT OF OUR REJECTION. THAT'S WHAT OUR LIFE THIS MOMENT IS. NOW WE MADE IT THAT WAY IN ERRORS OF IGNORANCE. WHY NOT MAKE IT THE WAY WE WISH IT TO BE, IN THE LIGHT OF REASON? FOR IT IS ENTIRELY DEPENDENT UPON US. AS LONG AS WE PERMIT THE ERROR IN OUR THINKING OF BELIEVING

QUESTIONS & ANSWERS

THIS IS OUR LOT IN LIFE, AND THAT'S THE WAY IT IS, WE HAVE ACCEPTED THAT ERROR AND THAT ERROR, THEREFORE, IS THE LAW WHICH WE MUST FOLLOW. WE DON'T HAVE TO LIVE ANY WAY THAT WE CHOOSE NOT TO LIVE. WE ARE, IN TRUTH, DOING IT TO OURSELVES. WE ALWAYS HAVE DONE IT TO OURSELVES. WE ALWAYS WILL DO IT TO OURSELVES. WHAT WE KNOW AS GOD IS A NEUTRAL INTELLIGENT ENERGY, INFINITE, EXPRESSING THROUGH ALL FORM, EVERYWHERE, AT ALL TIMES. IT IS UP TO US WHAT WE DO WITH THAT INTELLIGENT ENERGY. WE CAN DIRECT IT, AND ARE DIRECTING IT ACCORDING TO OUR THINKING, FOR THAT IS WHERE OUR ATTENTION GOES AND OUR ENERGY FOLLOWS. WHATEVER WE PLACE OUR ATTENTION UPON, WE HAVE A TENDENCY TO BECOME, FOR THE FORM THAT WE CREATE BY THOUGHT IS IN A MENTAL WORLD, AND IS THE BASIC SUBSTANCE UPON WHAT A PHYSICAL FORM MUST STAND. THERE IS NOTHING THAT WE KNOW IN THE PHYSICAL WORLD THAT DOES NOT HAVE A MENTAL DUPLICATE FORM. AND THAT'S THE WAY THAT IT REALLY IS. SO WE HAVE, BY OUR OWN RIGHT OF EVOLUTION, WE HAVE THAT POWER WITHIN US. BUT REMEMBER, THERE ARE EIGHTY-ONE LEVELS OF CONSCIOUSNESS, THERE ARE NINE SPHERES ON WHICH THE NINE PLANES EXPRESS, AND WHEN WE GO TO ESTABLISH A LAW BY SPEAKING FORTH OUR WORD, LET US NOT FORGET TO KNOW OURSELVES, AND EIGHTY-ONE LEVELS OF CONSCIOUSNESS IS A FULL-TIME JOB. THANK YOU VERY MUCH.

(This lecture, which was given on September 6, 1981, is available on recorded cassette tape.)

CREATION IS A PRICE TAG, CHOOSE WISELY WHAT YOU BUY.

-- The Wise One

continued from page 12

THOUGHT, OR THE INTEREST OF MATERIAL SUPPLY IN THE WAYS THAT WE FIND OTHERS ENTERTAINING THE INTEREST AND THOUGHT OF SUPPLY? FOR IT IS NOT POSSIBLE, MY GOOD STUDENTS, TO EXPRESS IN A MATERIAL WORLD WITHOUT MATERIAL INTEREST TO SOME DEGREE, FOR IF ENERGY, WHICH FLOWS THROUGH THE VEHICLE OF THOUGHT, IS NOT DIRECTED TO SOME DEGREE TO A MATERIAL WORLD, A MATERIAL BODY, YOU, YOUR ETERNAL SOUL, WILL NOT LONG EXIST IN A MATERIAL BODY.

WE MUST TAKE A NEW VIEW IN REFERENCE TO MATERIAL SUPPLY FOR IT SEEMS THAT SO MANY SOULS EXPRESSING THROUGH THESE LIMITED MINDS HAVE VIEWED SPIRITUAL SUSTENANCE AS SOMETHING TO BE ENJOYED AND ENTERTAINED BY THE MINDS OF MEN, AND THAT MATERIAL SUSTENANCE IS SOMETHING THAT IS TO BE VIEWED WITH A REPULSIVE AND INTOLERANT ATTITUDE OF MIND. THIS IS A SEPARATION AND A CREATION OF TWO POWERS AT WORK IN THE UNIVERSE. NOW, THE TWO POWERS WHICH ARE IN TRUTH THE DUALITY OF CREATION, REVEAL TO MAN, WHEN MAN IS IN CREATION, THE GOOD AND THE BAD -- THE POSITIVE AND THE NEGATIVE, BUT IT IS WITHIN THE RIGHT OF MAN TO RISE IN CONSCIOUSNESS TO THE DIVINITY OF NEUTRALITY. AND WE SPOKE EARLIER THIS EVENING ON BEING IN A WORLD AND NOT A PART OF A WORLD, ON BEING WITH A THING AND NOT A PART OF THE THING. TO ENTERTAIN THE THOUGHTS THAT YOU HAVE NO INTEREST IN MATERIAL SUPPLY REVEALS THAT THERE IS A PROBLEM IN YOUR VIEWING OF YOUR MATERIAL WORLD. IT IS ONLY IN BRINGING A BALANCE BETWEEN THE MATERIAL WORLD OF SUBSTANCE AND THE SPIRITUAL WORLD OF SUBSTANCE WHEN THAT DIVINE AMALGAMATION TAKES PLACE, A PERFECT BALANCE IS ACHIEVED, AND THE SOUL IS THEN ABLE TO RISE ABOVE AND BEYOND INTO THE FREEDOM OF THE DIVINITY WHILE YET ENCASED IN THE FORMS OF CREATION.

AND SO, MY STUDENTS, DO NOT DENY, FOR IN SO DOING YOU ARE ESTABLISHING YOUR DESTINIES. DO

NOT BE INTOLERABLE FOR IN THE INTOLERANCE YOU GUARANTEE THE LAW THAT IS NECESSARY TO EDUCATE YOUR MIND. BRING A BALANCE BETWEEN YOUR SPIRITUAL AND MATERIAL WORLDS BY VIEWING THEM AS THE MANIFESTATION AND THE EFFECT OF DIVINE ENERGY INTELLIGENTLY EXPRESSED, KNOWN AS GOD. MAN, IN HIS ERRORS OF POSSESSION, HAS FORGOTTEN THE SOURCE OF HIS LIFE, AND HAVING FORGOTTEN THE SOURCE, HE VIEWS A MATERIAL WORLD AS THE DIRECT EFFECT OF HIS OWN PERSONAL EFFORTS AND ENERGY. MAN, WITHOUT THE DIVINE SOURCE, DISINTEGRATES INTO THE NOTHINGNESS FOR THE FORMS OF MAN, IN TRUTH, HAVE COME UP FROM THE NOTHINGNESS TO RETURN TO THE NOTHINGNESS. THE DIVINE SPIRIT IS SELF-AWARE AS AN EFFECT OF EXPRESSION, AND EXPRESSION IS AN EFFECT OF THE DIVINE'S ENERGY. WHEN WE PERMIT OUR MINDS TO FORGET THE SOURCE OF OUR LIFE, WE ARE NO LONGER LIFE, WE ARE BUT THE SHADOWS THEREOF. AND EACH TIME WE PERMIT OUR MINDS TO FORGET THE TRUE SOURCE OF OUR LIFE, IN THOSE MOMENTS, WHICH, SADLY TO SAY, ARE SO FREQUENT, WE BECOME THE SHADOW AND LOSE THE TRUE SELF.

QUESTION: WOULD YOU PLEASE COMMENT ON THE TENDENCY OF THE STUDENTS IN CLASS TO TUNE-OUT THE LECTURES AND THE UNDERSTANDINGS GIVEN?

ANSWER: WHEREAS THE MINDS OF MEN ARE WELL LIKENED UNTO A RADIO OR TELEVISION SET, IT IS WITHIN THEIR RIGHT OF CHOICE TO TURN WHATEVER DIAL THEY CHOOSE TO TURN. THE GREAT SADNESS OF THE TURNING OF A DIAL TO ANY STATION THAT IS BROADCASTING, AND EVEN STATIONS THAT ARE NOT BROADCASTING, IS WHEN THE DIALS OF THE TELEVISION SET DECIDE WHEN TO TURN. AND SO IT IS WITH SOME WHO MAKE THE STATEMENTS THEY DON'T REMEMBER WHAT A LECTURE WAS ABOUT. THEY TUNED OUT WHAT THEY HAD MADE THE EFFORT TO ATTEND AND TO HEAR. THE SADNESS, MY STUDENTS, IS THIS -- YOU, BY CONSCIOUS CHOICE RARELY TUNE OUT WHAT YOU HAVE MADE THE EFFORT IN THE FIRST PLACE TO COME TO HEAR. IT IS THE DIAL IN THE

continued from page 35

TELEVISION SET, BY ITS OWN VOLITION, LIKENED UNTO YOUR SUBCONSCIOUS, THAT HAS TURNED TO A DIFFERENT STATION. AND THE SADNESS OF THAT IS THE STATION THAT IT TUNES INTO MAY BE LIKENED TO ONE THAT NO LONGER IS BROADCASTING -- IT'S ALL STATIC.

AND SO, SUPPOSEDLY YOU COME TO LISTEN, SUPPOSEDLY YOU THINK YOU'VE TUNED OUT, AND YET YOU CAN'T EVEN REMEMBER WHAT THOUGHTS YOU HAD IN THE HOUR THAT PASSED. AND SO IT REVEALS THAT THERE IS INDEED MUCH EFFORT FOR THOSE STUDENTS, MUCH EFFORT YET TO BE MADE. FOR NO SOUL, NO SOUL IN ANY UNIVERSE, EVER CONSCIOUSLY CHOOSES TO BE SO VICTIMIZED BY A TEMPORAL, CREATED VEHICLE THROUGH WHICH IT IS TEMPORARILY EXPRESSING. AND TO THOSE WHO ARE SO VICTIMIZED BY THEIR MENTAL BODY, MY HEART GOES OUT FOR I KNOW FROM CENTURIES OF EXPERIENCE THAT YOUR NEEDS ARE SO VERY, VERY GREAT; THAT YOUR LITTLE SOUL IN KEEPING WITH THE LAWS ESTABLISHED HAS WANDERED SO VERY FAR FROM ITS HOME, FROM ITS TRUE SOURCE, THAT A MOUNTAIN OF NEEDS HAS RISEN IN YOUR MINDS, THAT YOUR SOUL CRIES OUT DAY AND NIGHT, THAT IT CRIES FOR ITS OWN FREEDOM. THAT SURELY, IN KEEPING WITH THE DIVINE GRACE OF GOD, SOMEDAY YOUR CRIES, THOUGH ALREADY HEARD BY A COMPASSIONATE DIVINITY, ARE REGISTERED AND RECORDED. AND EACH CRY REVEALS A LITTLE MORE EFFORT IS BEING APPLIED TO THE SECOND SOUL FACULTY OF FAITH, POISE, AND HUMILITY. AND THAT SOMEDAY IN THE CENTURIES PERHAPS YET TO BE, BUT SOMEDAY, YOUR SOUL WILL RISE BEYOND THE MOUNTAIN OF CREATED NEEDS, AND YOU WILL FIND THAT YOU'RE NOT ALONE, THAT YOUR FEARS AND FEELINGS OF BEING ALONE WERE A DECEPTION AND A DELUSION CREATED BY YOUR MINDS, THAT IN YOUR LONG JOURNEY OF EVOLUTION YOU SLIPPED AND STUMBLED ON THE WAY, AND WHEN YOU STUMBLED, THE MIND ROSE, AND WHEN IT ROSE, IT DECLARED ITS IMPORTANCE, AND IN DECLARING ITS

IMPORTANCE, IT PUT YOU, THE TRUE YOU, INTO PRISON. BUT THE KEY TO THE CELL BLOCK IN WHICH YOU FIND YOURSELF IS A GOLDEN KEY REPRESENTING THE WISDOM OF ETERNITY, AND YOU GAIN THAT KEY, MY GOOD STUDENTS, THROUGH YOUR EFFORTS OF GAINING UNDERSTANDING. AND THAT UNDERSTANDING YOU GAIN THROUGH WHATEVER EFFORT YOU MAKE IN OPENING YOUR SOUL FACULTIES. REMEMBER THAT THE LAW KNOWN AS ACCEPTANCE IS THE DIVINE LAW; IT IS THE WILL OF GOD. AND IN KEEPING WITH YOUR OWN ACCEPTANCE, WILL YOU, THROUGH UNDERSTANDING, GAIN THE KEY OF WISDOM AND UNLOCK THE CELL BLOCK IN WHICH YOUR BEAUTIFUL SOUL WAITS TO BE FREE. GOODNIGHT.

This class, which was given on July 1, 1976, is available on recorded cassette tape.)

SERENITY STUDENTS

continued from page 22

GLORY OF OUR MENTAL JUDGMENTS. LIFE IS SO VERY SIMPLE FOR IT IS "GOD THAT DOETH THE WORK." WE JUST HAVE TO DO OUR PART BY MOMENT BY MOMENT EFFORT TO STAY OUT OF SELF LONG ENOUGH SO HE CAN DO HIS WORK -- THAT TAKES DISCIPLINE OF OUR THOUGHTS. IT SEEMS DIFFICULT TO THE MIND FOR IT DOES NOT WANT TO RELINQUISH ITS AUTHORITY TO A HIGHER POWER, BUT REMEMBER THESE WORDS OF ENCOURAGEMENT -- "WITH GOD'S HELP, I KNOW I CAN."

EDITOR'S NOTE -- The SENTINEL extends its appreciation to the many students of the Serenity concept of Spiritualism who contribute their articles to this magazine, sharing their understanding with our readers. Student articles are recognized by an asterisk.*

continued from page 17

ARE IN CONTEMPLATION AND WE HEAR A VOICE WITHIN, HOW CAN WE DISTINGUISH OUR SUBCONSCIOUSNESS FROM THE TRUE VOICE OR MESSAGE?

ANSWER: THANK YOU VERY MUCH. THE ONLY WAY I KNOW OF DISTINGUISHING BETWEEN THE VOICES OF THE SUBCONSCIOUS AND THE DESIRE PATTERNS, ETC. OR TELEPATHIC COMMUNICATION, IS THAT THE PHILOSOPHERS HAVE ALWAYS TAUGHT, "MAN KNOW THYSELF." AND SO IT IS, THROUGH A GREATER EFFORT OF SELF-AWARENESS TO KNOW THE VARIOUS LEVELS OF CONSCIOUSNESS WITHIN, ONCE KNOWING THEM, YOU WILL BE ABLE TO DISTINGUISH YOUR SPIRIT FROM THAT WHICH IS SPIRIT, THAT WHICH IS MENTAL, THAT WHICH IS DESIRE. HOPE THAT'S HELPED WITH YOUR QUESTION.

QUESTION: IS THERE ANY RELATIONSHIP BETWEEN THE I.Q. AND THE EXPRESSION OF THE LAW OF PRESUMPTION?

ANSWER: IS THERE ANY RELATIONSHIP BETWEEN THE I.Q. AND THE LAW OF PRESUMPTION? THE ONLY RELATIONSHIP THAT I AM AWARE OF BETWEEN AN I.Q. AND THE LAW OF PRESUMPTION IS TOTALLY DEPENDENT UPON THE EDUCATION OF THE EGO, YOU UNDERSTAND? THANK YOU VERY MUCH.

QUESTION: I HAVE TWO QUESTIONS: ONE IS, I WOULD LIKE TO KNOW WHETHER IN THIS UNDERSTANDING THE WORD "LEVEL," AS IN EIGHTY-ONE LEVELS OF CONSCIOUSNESS, THE CONCEPT OF LAW, AS IN NATURAL LAW, AND THE CONCEPT OF PRINCIPLE -- ARE THEY SEEN OR UNDERSTOOD AS BEING THE SAME -- LAW OR LEVEL?

ANSWER: THANK YOU VERY MUCH. YES, ONE IS THE EFFECT OF THE OTHER, ONE IS AN EFFECT OF THE OTHER. LEVEL IS AN EFFECT OF LAW, AND LAW IS THE EFFECT OF PRINCIPLE.

QUESTION: LEVEL IS AN EFFECT OF LAW, AND LAW IS THE EFFECT OF PRINCIPLE?

ANSWER: THAT IS CORRECT.

QUESTION: THE OTHER QUESTION THAT I HAVE

HAS TO DO WITH -- IN THIS UNDERSTANDING I'VE BEEN TAUGHT THAT SPIRIT ENTERS FROM THE LEFT, OR THAT IT IS WISE IF YOU START OPENING YOURSELF TO BE RECEPTIVE TO SPIRIT, THAT YOU ASK THE SPIRIT TO COME IN FROM THE LEFT. AM I STATING THAT PROPERLY?

ANSWER: YOU ARE.

QUESTION: AND THAT'S BEEN KIND OF CONFUSING TO ME BECAUSE MY UNDERSTANDING OF HOW THE BRAIN WORKS IS THAT THERE'S A CROSSOVER POINT, AND THIS SIDE OF THE BRAIN CONTROLS THIS SIDE OF THE BODY, AND I'D LIKE TO KNOW YOUR UNDERSTANDING OF DOES IT COME IN ON THE LEFT BRAIN OR ?

ANSWER: THANK YOU VERY MUCH. THE LEFT SIDE OF THE BODY IS THE MAGNETIC SIDE OF THE BODY, CONTROLLED BY THE ELECTRICAL SIDE OF THE BRAIN. I THINK WE HAVE DISCUSSED HERE IN ONE OF OUR OTHER SEMESTERS THAT THAT WHICH IS ELECTRICAL BECOMES MAGNETIC TO BECOME ELECTRICAL AGAIN, AND SO IT IS WITH THE HUMAN BODY. THE REASON THAT IT IS ADVISABLE TO HAVE THE SPIRIT ENTER ON THE LEFT SIDE, WHICH IS YOUR MAGNETIC SIDE, IF YOU DO NOT, YOU HAVE WHAT IS KNOWN AS A CONFRONTATION WHEN THE SPIRIT COMES EITHER FROM THE BACK OR FROM THE RIGHT, OR ELECTRICAL SIDE. NOW GUIDES WHO ARE ILLUMINED, OR AWAKENED, KNOW THAT SIMPLE LAW OF COMMUNICATION. NOW THIS HAS NOTHING TO DO WITH A PERSON EITHER BEING LEFT-HANDED OR RIGHT-HANDED IN THAT RESPECT, I HOPE ALL OF YOU UNDERSTAND, BUT WE RECEIVE ON THE MAGNETIC AND WE GIVE FORTH ON THE ELECTRIC. AND SO IT IS WITH COMMUNICATION. FOR THE CLEAREST COMMUNICATION THEN IT IS ADVISABLE TO FOLLOW THAT VERY SIMPLE PRINCIPLE OF COMMUNICATION. THAT DOES NOT MEAN THAT A SPIRIT CANNOT MAKE SOME CONTACT ON THE RIGHT SIDE OR IN BACK OR EVEN DIRECTLY IN FRONT, BUT IT DOES MEAN IT IS MORE DIFFICULT. DO YOU UNDERSTAND? IT IS MORE DIFFICULT TO RECEIVE. IT IS MORE DIFFICULT IN THE COMMUNICATION. DID YOU HAVE ANOTHER QUESTION?

(continued page 40)

continued from page 39

QUESTION: WELL, I'M STILL NOT CLEAR HOW, I MEAN I'M NOT SURE IF THE SPIRIT COMES IN TO YOUR SIDE, YOUR BRAIN, OR IF YOUR BRAIN IS OMITTED. I STILL DON'T UNDERSTAND THAT?

ANSWER: WELL, THE SPIRIT NOT HAVING A PHYSICAL BRAIN IS NOT COMING IN WITH A PHYSICAL BRAIN BECAUSE IT DOES NOT HAVE ONE, BUT OUR SPIRIT IS ENCASED IN A PHYSICAL FLESH. IT DOES HAVE EMANATIONS ELECTRICAL AND MAGNETIC, AND SO FOR THE RECEIVING OF THE SPIRIT, IT IS THROUGH THE MAGNETIC SIDE WHICH IS THE LEFT. NOW YOU UNDERSTAND, IF YOU ARE SITTING AND THIS IS YOUR LEFT HAND AND SOMEBODY IS SITTING NEXT TO YOU, WHAT HAND IS THAT, THEIR LEFT OR THEIR RIGHT? YOU ARE THE ONE THAT WANTS TO BE RECEPTIVE FOR THEM TO ENTER. YOU SEE, YOU ARE NOT HERE, AND THE SPIRIT HERE, AND YOU'RE TELLING THE SPIRIT WHAT TO DO. YOU ARE BEING RECEPTIVE TO THAT LEVEL OF CONSCIOUSNESS, TO THE MAGNETIC FIELD. BUT YOU ALSO, YOU SEE WE MUST NOT LET OURSELVES THINK BECAUSE THE SPIRIT SAYS SOMETHING WE AUTOMATICALLY DO IT BECAUSE THE SPIRIT MAY BE RIGHT AND THE SPIRIT MAY BE WRONG. THAT DEPENDS ON WHAT KIND OF SPIRIT WE ARE CONTACTING. BECAUSE THAT DEPENDS, OF COURSE, MY GOOD STUDENTS, ON OUR OWN LEVEL OF CONSCIOUSNESS. THEY'RE NOT ALL IN THE LIGHT. SOME OF THEM ARE MUCH DARKER THAN THE ONES IN THE FLESH. BUT I AM VERY GRATEFUL AND I WILL ASSURE YOU THAT I AM MORE INCLINED TO BELIEVE THE ONES OUT OF THE FLESH BECAUSE THEY HAVE PROVEN THEMSELVES, AT LEAST TO ME, FOR THIRTY-FIVE YEARS THAT THEY ARE NOT ONLY SINCERE, BUT THEY ARE TRYING TO HELP THE PEOPLE AND THEY ARE NOT ADDICTED TO SO-CALLED TAPE PATTERNS OF EXPERIENCE. I DO HOPE THAT'S HELPED WITH YOUR QUESTION? YOUR'RE WELCOME.

QUESTION: IT WAS INTERESTING TALKING ABOUT RIGHT AND LEFT SIDE OF THE MIND AND THE CROSS OVER IN THE BODY, AND YOU MENTIONED FRONT AND 40

BACK, WHICH IS A NEW CONCEPT FOR ME. IF ONE SIDE IS, LET'S SEE, HOW WILL I TRY TO EXPLAIN, ONE SIDE IS MAGNETIC, ONE SIDE IS ELECTRICAL -- UP TO NOW I THOUGHT THAT WAS IT, THAT THERE WASN'T A FRONT OR BACK AS A SEPARATE QUADRANT?

ANSWER: THERE IS.

QUESTION: THERE IS AND WHAT WOULD...

ANSWER: IT DEPENDS ON WHICH DIMENSION YOU ARE CONSIDERING, MY GOOD STUDENT.

QUESTION: WELL, RIGHT AT THE MOMENT I THINK I'M...

ANSWER: ARE YOU CONSIDERING THE FOURTH DIMENSION?

QUESTION: WHAT, I DID NOT UNDERSTAND THAT AT ALL?

ANSWER: WELL, THAT IS TRUE. WE CANNOT UNDERSTAND WHAT WE HAVE NOT EXPERIENCED, I AGREE, YES.

QUESTION: SO THAT FRONT AND BACK WOULD BE INVOLVED IN FOURTH DIMENSION?

ANSWER: THAT IS CORRECT.

QUESTION: COULD YOU GIVE ME ANY MORE INFORMATION ON THAT TO TEASE ME A LITTLE?

ANSWER: WELL, THE ONLY THING, MY GOOD STUDENT, ALL IT WOULD DO IS TEASE YOU BECAUSE IF YOU HAD NOT HAD THE EXPERIENCE OF THE FOURTH DIMENSION, AND YOUR SOUL HAS ALREADY DECLARED WHAT IT WOULD DO FOR YOU IS TEASE. HOWEVER, THAT BRINGS UP TO MIND A VERY IMPORTANT STATEMENT OF OUR PHILOSOPHY: CURIOSITY, THINK, MY STUDENTS, THINK, CURIOSITY IS THE FATHER OF FRUSTRATION. NOW OUR PURPOSE HERE IS NOT TO FRUSTRATE YOU AS STUDENTS, BUT TO SHARE WITH YOU OUR UNDERSTANDING, ACCORDING TO YOUR LEVELS OF CONSCIOUSNESS, ACCORDING TO YOUR ABILITY AND YOUR WILLINGNESS TO ACCEPT AND TO RECEIVE, TO CONSIDER, AND TO APPLY. SO LET US, AS WE ARE DISCUSSING HERE, WHAT ABOUT THIS TWO-DIMENSIONAL BUSINESS THAT WE ARE HERE. SEE, WE ARE AWARE OF THIS, WE'VE COME TO THIS, YOU SEE. AND WHAT ARE WE DOING WITH THESE TWO
(continued page 42)

continued from page 41

DIMENSIONS? ARE WE MOVING FORWARD WITH IT, ARE WE MOVING BACKWARDS, OR ARE WE ATTEMPTING TO STAND STILL? I SAY ATTEMPTING BECAUSE I'VE YET TO FIND A HUMAN SPIRIT IN THE FLESH THAT MANAGED TO STAY STILL FOR ONE SIMPLE MOMENT. WHO IS IT THAT ENTERTAINS PEACE AND BECOMES PEACE? THAT TAKES THE EFFORT TO STILL THE HUMAN MIND THAT YOU CAN FEEL THE DIVINE POWER KNOWN AS GOD.

Continued next issue --

SPIRITUAL HEALING

continued from page 19

GOD SUSTAINS US IN ALL OUR LEVELS SO WE MIGHT CONSIDER CHANGING OUR LEVELS TO POSITIVE ONES, BRINGING US INTO HARMONY WITH ALL OF LIFE AND ALL GOD'S CREATURES.

IT'S SUCH A BEAUTIFUL WORLD WHEN WE ARE IN CONTROL OF OUR THOUGHTS AND ACTIONS; WE ARE ABLE TO EXPRESS IN A PEACEFUL, HARMONIOUS WAY. WHEN WE DIRECT OUR THOUGHTS TO FAITH WE HAVE NO NEED FOR FEAR FOR WE HAVE BEEN GIVEN WHATEVER MIGHT BE BOTHERING US TO GOD, NOT OUR MIND. BY DOING SO, WE FREE OURSELVES FROM CONCERN AND LET GOD MOVE THE OBSTRUCTION OUT OF THE WAY.

WHEN WE FIND OURSELVES THINKING IN WAYS THAT AREN'T POSITIVE, LET US STOP AND PAUSE TO PUT GOD BACK INTO OUR THOUGHTS AND WE'LL FIND WE ARE MORE ENTHUSIASTIC ABOUT EVERYTHING WE DO. FOR WHEN GOD IS AT THE HELM OF OUR SHIP, WE SAIL SERENE ON THE SEA OF TIME; PEACEFUL AND HARMONIOUS, AND WE ENJOY ALL THE BEAUTY THAT LIFE HAS TO OFFER.

Benediction

continued from page 21

*MAY WE MOVE IN THY DIVINE FLOW
BY ACCEPTING WHAT WE ARE
FORMLESS AND FREE.*

*WHEN THE BRAIN IS STILL, GOD'S WORK IS
DONE.*

*THE DEGREE OF SUFFERING REVEALS THE DEGREE
OF ATTACHMENT.*

*THE FULLNESS OF SUFFERING IS EVER EQUAL TO
THE GLORY OF MAN'S EGO.*

-- *The Wise One*

Serenity Events

DINNER PARTY: OCTOBER 16, 1982 AT 6:30 P.M.

*BRAZIL IS THE THEME FOR THE OCTOBER DINNER
PARTY WHICH WILL BE HELD AT THE AMERICAN
LEGION LOG CABIN IN SAN ANSELMO. ALL ARE
CORDIALLY INVITED TO ATTEND.*

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